

Assessment to progress to Ballet 3 (min. Age 8)

Student Name/age:

SCORING: ✓✓ Excellent Control ✓ Good — Not satisfactory

Demonstrate the following positions of the feet:

	SCORE	NOTES
1st		
2nd		
3rd		
4th		
5th		

Demonstrate the following positions of the head:

	SCORE	NOTES
Erect		
Turned		
Inclined		

Demonstrate the following positions of the arms:

	SCORE	NOTES
5th en bas		
5th en avant		
5th en haut		
Seconde		

Indicate the 8 fixed points of the room: Student was able to do this Y N

Define and demonstrate the following:

	Correct definition Y N	Demonstration score	NOTES
Demi plie	Half bend		
Retire	Withdrawn		
Saute (in 1st)	Jump		
Tendu (a la seconde)	Stretched		
Port de bras (first)	Carriage of the arms		
Cou-de-pied	Neck of the foot		
Petit jete	Small thrown step		
releve	Raised		
echappe (saute)	Escaped		
Pas de chat	Step of the cat		
chasse	Chased		
Temps leve	Lifted movement		
changement	Changing		
Devant (tendu)	In front		
Derriere (tendu)	Behind		
developpe	Unfolded		
Grand battement	Large beating		
Ronde de jambe	Circle of the leg		
Temps lie	Linked movement		
De suite (saute)	Continuous		
Soutenu (saute)	Sustained		

Demonstrate a polka (repeated 4 times): Student was able to do this Y N

Demonstrate 3rd arabesque tendu a terre: Student was able to do this Y N

Define and demonstrate "Reverence" (bow or curtsy): Student was able to do this Y N

Teacher Recommendation:

Name of teacher competing assessment: